

OCCUPATIONAL EXPOSURE TO A BLOODBORNE PATHOGEN (BBP) PROCEDURE FOR QUEEN'S UGME STUDENTS INCLUDING FAMILY MEDICINE, INTEGRATED OR OTHER REGIONAL ROTATIONS:

*Last Revised: Mar. 28, 2019*

**A. Immediate actions:**

1. Percutaneous injury: allow the puncture, cut or abrasion to bleed freely (do not "milk"), then wash well with soap under running water (use antiseptic if available). Recommended 15 minutes.  
Contact with mucous membranes: flush thoroughly with water (use eyewash station if available).
2. Immediately notify the supervisor, resident or attending physician.
3. Present to the nearest Emergency Department (or urgent care clinic) within two hours of an exposure. If you are unable to receive medical care within this time frame, call Hotel Dieu Hospital (HDH) (613-544-3400 x 2265) and ask to speak to Occupational Health. If you are unable to reach Hotel Dieu Hospital Occupational Health, page the Emergency Department attending physician at Kingston General Hospital for instructions (613-549-6666). Identify yourself as a Queen's medical student.
4. After initial care, you must follow up with Occupational Health at HDH within 24 hours. For follow-up care you may also choose to see Student Health Services at Queen's (146 Stuart Street) or your own family physician. Ensure that requisitions for specimens sent for student and source patient indicate that this is for "exposure follow-up" and that a copy of the results goes to the applicable Occupational Health Department (see Occupational Health Contacts section B).
5. Reporting: At KGH, the online incident reporting tool Safe Reporting should be used (access is available on the KGH intranet.) For other sites, see the occupational health contacts below in order to report the event. If you are at a site that is not listed, ask your supervisor how to contact Occupational Health.
6. Advise the Undergraduate Office of the incident.

**B. Contact information for local, integrated and regional health offices:**

**Kingston Health Sciences Centre (HDH site):** Contact Denise Millar or Rachel Sheldon, Occupational Health Nurse, **613-544-3400 ext. 2265.**

**Providence Care Hospital (PCH):** During regular hours contact Jackie Purchase, Occupational Health Nurse, **613-544-4900 ext. 53565.**

**Providence Manor:** During regular hours contact Jackie Purchase, Occupational Health Nurse, **613-548-7222 ext. 3166.**

**Oshawa:** Contact the Director of Occupational Health, Safety and Wellness at **905-576-8711 ext. 4430.**

**Markham Stouffville Hospital:** Contact Sue Brown, Occupational Health Nurse; 905-472-7373 Ext. 1545 or Elaine Roache, Occupational Health Nurse; 905-472-7373 ext. 6271. If neither is available, please page through Telecommunications. Office location, Room B1603.

**Belleville:** Contact Lisa Botting, Occupational Health Department **613-969-7400 ext. 2328.**

**Brockville General Hospital:** Contact Debbie Allingham, Occupational Health Nurse, **613-345-5645 ext. 1174.**

**Perth:** Contact Phillipa Thompson, Occupational Health Nurse, Perth Smith Falls District Hospital. Perth Site, **613-267-1500 ext. 4283** or by email at: [pthompson@psfdh.on.ca](mailto:pthompson@psfdh.on.ca).

**Brockville Mental Health Centre:** Contact Jill Row, RN, Senior Coordinator, Occupational Health Service at **613-345-1461 x2224.**

**Peterborough Regional Health Centre:** Contact the Occupational Health Department  
Location: W3900 **705-743-2121 ext. 4307.**

**Further information on exposure to blood borne pathogens and mucosal exposure:**

Specific information about preventing sharps and needle stick injuries is available in ***Section IC-2-20.01 of the Kingston Hospitals Infection Control Manual: Sharps Management and Injury Prevention.*** [insert link]

**Occupational Health and Safety Act Ontario Regulation 474/07:** [http://www.e-laws.gov.on.ca/html/reg/english/elaws\\_regs\\_070474\\_e.htm](http://www.e-laws.gov.on.ca/html/reg/english/elaws_regs_070474_e.htm).

**Queen's University Policy and Procedures for Reporting and Managing Infectious Diseases:**  
<https://www.queensu.ca/secretariat/policies/administration-and-operations/policy-and-procedure-reporting-and-managing-infectious>