
AGENDA

AS Council Meeting

Tuesday, December 9th, 2025, @ 6:00 In-person & Zoom

CALENDAR LINK: [AS 2025-2026 Mega-Calendar](#)

[Zoom Meeting Link](#)

[AS Consolidated Drive](#)

[AS EDIIA Inquiry Form](#)



To note:

- Please skim over updates for the week prior to the meeting (no meeting last week)
- Remember to add discussion items (including sharing events, initiatives, etc...) to the agenda items
- Email me (tgill@qmed.ca) if you're having trouble with this doc!
 - I'm here to help :)

1. Opening of the meeting
2. Motion to start the meeting (2 people):
 - Zoe, Britney
3. Motion to adopt agenda (2 people):
 - Zoe, Yousef
4. Approving last meeting's minutes
5. Question period
6. Council Updates
 - AS President: Jeffrey Sun
 - Vice-President of External Affairs, Senior: Zoë Mohan
 - Vice-President of External Affairs, Junior: Tegvir Grewal
 - Vice-President of Internal Affairs Kingston: Bianca Marcella
 - Vice-President of Internal Affairs Lakeridge: Karanvir Singh
 - Vice-President of Academic Affairs: Kaamraan Islam
 - Academic Coordinator: [Not Hired]
 - Vice-President of Finance: Chirag Chopra
 - Treasurer: Sabrina Smith
 - Communication Officer: Janet Lane
 - University Affairs Officer, Senior: Stephanie Fu
 - University Affairs Officer, Junior: Mary Arakelyan



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- Applied for and received the \$50 SGPS Nutrition Reimbursement, which will be paid to AS directly. Purchased a box of black tea and 3 boxes of granola bars, which are set out in the kitchenette for students to grab. Another round of the reimbursement will be available in the Spring term, which we can apply for.
- Social Affairs Officer: Britney Feng
- Athletics Officer: Nadine Abou-Seido, Carson Visser
- Global Health Liaison, Senior: Arin Abraham
- Global Health Liaison, Junior: Bahar Rafinejad
- Student Initiatives and Research Officer: Shanzey Ali
- SIGCO: [Not Hired]
- Wellness Officer: Jane Porter
 - Coffee maker done!
 - Cake day done!
 - Skandiflow class was a success!
 - Met with Lakeridge wellness to make sure they have access to CFMS funds shared with queens, they intend to use \$200 of the CFMS budget for a
- Equity Officer, Senior: Tim Song
 - E&A successfully ran fundraiser for Hurricane Melissa (\$450)!
 - 2/23 and 3/27 set as municipal Day of Action training/action dates
 - Finalized Equity budgets for cultural IGs
 - Will work on getting wall art and converting downstairs accessible bathroom/shower stall to ablution (religious washing) station
- Equity Officer, Junior: Jocelyn Emmerson
- Lakeridge Engagement Officer, Senior: Tasneem Patel
- Lakeridge Engagement Officer, Junior: Basant Dhillon
- Student Representative to the Admissions Committee Sr: Tate Erickson
- Student Representative to the Admissions Committee Jr: Abby McEwan
- First Year President - Kingston: Ekene Onyeka
- First Year President - Lakeridge: Ryan Hunter
- Second Year President - Kingston: Souzan Yacob
- Second Year President – Lakeridge: Yousef Safar
- Third Year Co-Presidents - Kingston: Jaskarn Dhaliwal, Akanksha Krishnan
- Third Year President - Lakeridge: Liam Rautu
- Fourth Year Co-Presidents: Henna Salim, Joshua Bierbrier
- Speaker of Council/Chief Electoral Officer: Tejas Gill

7. Agenda Items (30 mins)

– Adding agenda items:

- All agenda items MUST be large-scale topics warranting opinions/voting from a majority of AS members



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- Agenda items are first-come-first-serve
- Add your agenda item below indicating:
 - Name
 - Your name
 - Your position
 - Maximum discussion time
 - A 2-sentence description
- Example below:

– **Example:**

- Putting bunnies on the buses, presented by Tejas Gill (Speaker) - (5 mins)
 - Details: The bunnies are not on the buses, but we should put them back on the buses for the good of QMed. Require opinions from AS members and a vote.

– **Agenda item discussion:**

- Prior to each discussion item, the Speaker will take a list of max. 10 individuals to be on the Speakers List

- **AGENDA ITEMS** (30 mins)
(Add your items below with your name + position)
- Jane Porter, Wellness Officer (please start with this, I work at 6:15 and want to make sure I get through as much of this as possible!)
 - Wellness is mandatory, and could be very useful for all of us
 - Current sessions are developed based on class council rep guidance, with situation based prompts that they target towards creating discussion
 - Didactic + skills based content is currently lacking, and there are resources online and in the literature that support long-term physician wellness that we currently do not get taught.
 - What do we wish we were learning about wellness?
 - I could put out an anonymous form
 - I am developing a proposal for curricular development on wellness
- Bianca Marcella, VP Internal
 - Lectureship awards
 - Adding new awards: clin skills tutors, FSGL tutors, mentorship, etc. Any ideas?
 - Thoughts on keeping it as Terms or fall vs winter semesters?

Discussion:

- Keeping a zoom option for Lakeridge
 - but Lakeridge can come as well
- Fall/winter and more awards allows more faculty to be involved



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- Award idea:
 - ex. great observership preceptors, research, community engagement
 - resident teaching awards
- Yousef Safar, Second Year President - Lakeridge
 - Optimizing communication between AS and Lakeridge classes
 - There are different pathways for communicating information to Lakeridge campus (via class presidents, LEOs, Tejas, etc.)
 - Would be open to ideas for best ways to communicate information to Lakeridge

Discussion:

- Idea: Adding Lakeridge to the Kingston 28 / 29 facebook groups
 - but then Lakeridge is part of more than one facebook page
 - Circling back to this: then all the students have access to announcements (people can be offered this options, don't have to join)
 - All Lakeridge people will be added to the facebook group
 - we will see how both Kingston and Lakeridge feel about this then Jeff will send out the invite link
 - people will have the option to the join the announcement page
 - then everyone gets information right from the source, and there is no middle man
- Idea: An AS member from Kingston is added to the Lakeridge chat to provide the information/announcements
- Idea: Prepare announcements before they are sent
 - so that both Kingston and Lakeridge can send the information out at the same time (ie. Setting a threshold for how many days in advance you need to give Lakeridge notice)
- Idea: potentially using something more automated instead of person to person communication
 - Potentially get an AS email for this
- adding someone to the Lakeridge chat seems like the best option as of right now
 - we can add this on to someone's role in the constitution
 - but this would still require a form or something similar so that this person can get the information in advance
- The LEOs can also be included into Kingston group chats to filter



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- Based off OMSA: have information sent into one chat with representatives from each year and campus so the information can go through there first to be distributed at the same time
 - Will reassess in January to make sure this is working well
 - Jeff, AS President
 - Meeting times for next semester → Closer to 4:30?
 - Clerks can go until 5:30, is why this meeting was kept at 6
 - but many clerks don't show up or participate, so it is reasonable to be more accommodative to those more active
 - the meeting minutes will be available
 - Jeff will poll on a meeting time end of December/early January
 - **UPDATES/EVENTS/INITIATIVES** (5-10 mins)
(Add your event below with your name + position)
 - Tim Song, Equity Officer, Senior
 - Request from Kingston Queer Film Festival to have them added to SGPS referendum as an opt-out fee (1.80\$) - they are short on signatures and could really use our help.
https://queensu.qualtrics.com/jfe/form/SV_084MXKGnejLCJqS
8. Next meeting: TBD
9. Motion to end meeting (2 people)
- Yousef, Zoe