

## **PETERBOROUGH ORIENTATION**

Plan to be in Peterborough at 7:30 on the first day of your rotation to take part in the Orientation (via video conference).

### **1. ADMINISTRATIVE CONTACT**

Magda Goodberry will meet with incoming students to take care of administrative needs (including hospital privileges, getting pagers, computer access, apartment keys, etc) and also provide a tour of the hospital. Magda's office is located on the first floor behind the cafeteria; plan to meet with Magda on your first day. (Magda will get in touch with students before he or she begins their rotation via email).

### **2. HOME BASE**

Your "home base" will be the nursing station in the Birthing Suite, 5<sup>th</sup> floor. There you will find a doctor's change room (with scrubs), a bathroom with a shower and two semi-private bedrooms. The birthing suite has a staff room (with a microwave and fridge) and at the nursing station you will have access to textbooks and a computer with Internet access. There is a library on the second floor with more texts and internet access.

### **3. SCHEDULE**

This rotation is designed to work on a 3-day schedule:

Day 1: full day of labour and delivery, followed by call through the night

Day 2: Post-call

Day 3: O.R./GYNE

Keep in mind it is up to you to make the most of this learning experience; we encourage you to be flexible and to try to take advantage of as many learning opportunities as possible.

### **4. EVALUATION**

The students will be asked to have preceptors (Dr's, nurses, etc.) fill out "Encounter Forms" which will then be reviewed by the Undergraduate Committee. Students are expected to have at least one evaluation from each OB/GYN physician and as well as any other staff you may have significant contact with.

### **5. PETERBOROUGH STAFF**

There are 5 Ob/Gyne's working in Peterborough, Drs. Maskens, Kramer, Sobowale, Zahradnik and Bos. On any given weekday, there are usually two of them at the hospital. One will be the primary surgeon working a full day in the OR and the other is the first assist. There are also 8 local family physicians that do their own deliveries, they all have offices close to the hospital and pop in to check on labouring patients throughout the day and are called before deliveries.

### **6. DAY-TO-DAY OPERATIONS**

**Labour and Delivery:** patients that arrive on weekdays will be treated by the physician who provided their antenatal care, either an obstetrician or a family physician. After 6:00 p.m. and on weekends, there is 1 Obstetrician on-call who will remain at home until such time as their services are required. Often most minor problems (ie. prescribing pain meds, ordering an

epidural, etc.) are handled over the phone by nursing staff, the family medicine resident (or the Sr. Medical Student on-call). The family doctors also have their own call schedule, so similarly one of them is always on-call at home to deal with their network of patients, or to assist on a c-section.

**Operating Rooms:** located on the 4<sup>th</sup> Floor (just below the birthing suite), all gynaecology cases take place in room C. A complete list of scheduled operations including the time and type can be found at the nursing station on the 5<sup>th</sup> Floor which is posted late afternoon on the preceding workday. After surgery, most gyne inpatients (as well as all the patients that have delivered) stay on the 5<sup>th</sup> Floor ("5 East" and "5 West") across the hall from the birthing suite. All patient charts and the up-to-date medication index for each patient are kept at the nursing station on 5 West. When you are covering the OR, it is a good idea to also introduce yourself to labouring patients first thing in the morning and then check on them throughout the day. Often you will be able to do a delivery during breaks between operations (the nurses are great about paging you when the time comes).

**Emergency Room:** EXTREMELY BUSY! Important to go to Emergency in person, talk to the unit clerk directly and ensure that your pager number is written prominently on the relevant chart/board. Simply calling down and leaving your pager number is rarely effective.

#### 7. MISCELLANEOUS

- Teaching sessions are video conferenced, you should receive a schedule before you leave
- If you are interested in practicing suturing or surgical knots the nurses in the birthing suite can help you find appropriate materials. The nurses are also quite willing to help you practice with IV's.
- Staff Library is located on "2 North"; it has a computer with Internet access. The library closes at 9:00 p.m.
- Cafeteria is open 6:30 - 6:30 weekdays and 8:00 - 6:30 on weekends.