

# COVID-19 Update



PGME Shared Accommodation Guidance

January 22, 2021

## Shared accommodations

- These rules apply for mandatory rotations.
- For elective rotations residents have always organized their own accommodation.
- For safety reasons we would ask that you use the same considerations as below when organizing elective accommodations.
- We also ask you to do this if you are sharing accommodations with other medical learners at your home site (Kingston, Belleville, Oshawa or Peterborough).

**FOR OUT-OF-TOWN shared accommodations** (either moving into new shared accommodations or remaining in shared accommodations in the upcoming block).

**All the questions below require that you are following lockdown rules (“Ontarians should stay home to the fullest extent possible; Trips outside of the home should be limited and only for essential purposes (accessing health care and medication, grocery shopping, child care, exercise alone or people in your household (the people you live with) and in the community where you live, walking pets when required, and supporting vulnerable community members to meet the needs above); face coverings should be tightly fitted to cover the nose, mouth and chin. Scarves and bandanas are insufficient”), using PPE as required at work and following other infection control guidelines, and other screening questions around symptoms and COVID contacts are negative:**

Have you been fully adherent to infection control practices at work and abiding by lockdown regulations **for two weeks** prior to moving into (or staying in existing) shared accommodations and are all other KHSC screening questions negative?

**If yes:** You may move into shared accommodations.

**If no:** Have you have been fully adherent to infection control practices at work and abiding by lockdown regulations for **7-13 days** prior to moving into shared accommodations?

**If yes:** you may move into shared accommodations once you have a negative swab result. You will need to get this at your current site leaving enough time to get your swab result before switching locations.

**If no:** You will need to arrange solo accommodation until you have been fully adherent to infection control practices at work and abiding by lockdown regulations for 7 days AND have a COVID swab on day 7 that is negative. At that point you may move into shared accommodation.

\*if you cannot move into the shared accommodation that was booked by Regional Education, you must also inform them of the change and determine a plan for when you would be able to move into shared accommodations.

For solo accommodations trainees will need to arrange this on their own (with apologies that we do not have the manpower to do these bookings. Here is a list of accommodations in major centers that are as close to worksites as possible for you to contact yourself. The PGME Office will reimburse up to a maximum of \$1000 for solo accommodation per block. You must save receipts and submit to PGME for reimbursement.)

**Please note: We appreciate and rely on your professionalism at all times for your safety, the safety of other learners and in preventing the spread of COVID within health care facilities. If for whatever reason there has been a breach in your use of PPE use or in abiding by lockdown regulations it is imperative that you answer the above questions truthfully and follow the required actions.**

If you have questions about the above rules, or have concerns once you move into shared accommodations, please contact your home program and/or PGME.

## **Ottawa**

The Business Inn & Suites

180 MacLaren St.

Tel: (613) 232-1121 or 1-844-997-1777

\$101/night (full kitchen, includes breakfast)

4.6km (11 min drive) to CHEO

Embassy Hotel & Suites

25 Cartier St.

Tel: (613) 237-2111

Junior Suite: \$159/night (full kitchen)

4.8km (11min drive) to CHEO

## **Toronto (downtown)**

Canada Suites

736 Bay Street

[\(416\) 223-2812](tel:(416)223-2812)

\$198/night (full kitchen) or \$131/night hotels.com

400m to Sick Kids

One King West Hotel/Residence

1 King St. West

(416) 548-8100

\$169/night Studio Suite

2km to Sick Kids

## **Toronto (Humber area)**

Staybridge Suites (Vaughan South)

3600 Steeles Aves West, Vaughan

[\(905\) 856-9600](tel:(905)856-9600)

\$117/night suite with full kitchen

12km (13 min drive) to HRH

Best Western Plus Toronto North York Hotel and Suites

50 Norfinch Drive, Toronto

[\(416\) 663-9500](tel:(416)663-9500)

\$112/night suite with full kitchen  
9km (11 min drive) to HRH

### **Oshawa**

Holiday Inn (Simcoe St.) closed for January

Homewood Suites by Hilton  
600 Beck Crescent, Ajax  
1-905-686-5969  
\$115/night (suite with full kitchen)  
17km (16 min drive) to Lakeridge Health

Residence Inn Whitby  
160 Consumers Drive, Whitby  
905-444-9756  
\$95/night (Studio room with full kitchen)  
10km (11 min drive) to Lakeridge Health

### **Peterborough**

Comfort Hotel & Suites  
1209 Lansdowne St. West,  
Peterborough  
(705) 740-7000  
\$106/night - small fridge & microwave  
4km (8 min by car) to hospital

### **Brockville**

The Noble Suites  
20 Broad St., Brockville  
(613) 342-0416  
Complete apartments starting at \$149/night  
1.4km (15 min walk) to BGH

Holiday Inn Express & Suites  
7815 Kent Blvd., Brockville  
[\(613\) 342-1883](tel:6133421883)  
\$130/night Jr. Suite (sink, microwave, sm fridge)  
2.7km (7 min drive) to BGH

## **Belleville**

TownePlace Suites by Marriott

400 Bell Blvd., Belleville

(613) 779-1212

\$140/night Studio with full kitchen

9km (14 min drive) to Belleville General Hospital