

Medical Humanities



Student Writing Competition 2026

Do you enjoy writing?

Medical students and residents are invited to submit reflective essays, prose, poetry, plays, or graphic novellas exploring the intersection of mental health and the humanities to the **Dalhousie Department of Psychiatry Annual Student Writing Competition**. Other forms of creative writing may also be accepted.

One entry in each category (medical student, postgraduate trainee) will be selected to receive a cash prize. *
*Awards in each category may not be given each year depending on the number and/or quality of the submissions.

Contest Rules

Who is eligible? Medical students, residents, and fellows at Canadian medical schools.

Maximum word count: 2,000 words

Deadline: This year's deadline is **May 31, 2026**. Winners will be announced in fall 2026.

Entries can be sent as PDF attachments to the Department of Psychiatry Medical Humanities Coordinator, Dr. Abdulmohsen Alhumoud, at Psych.Education@dal.ca. Please indicate in your email whether you are a medical student or a resident/fellow.

To ensure confidentiality is maintained, patients and anyone else described in essays, stories, or poems **must be fictional or composite characters (with the exception of the narrator him/herself).*

For complete contest rules, please visit: <https://medicine.dal.ca/departments/department-sites/psychiatry/education/medical-humanities/writing-competition.html>

Winning

Winning entries will be published in the Department of Psychiatry newsletter, *Headlines*, and on the **Dalhousie Department of Psychiatry website**.