

COVID-19 Update



PGME Shared Accommodation Guidance

April 5, 2021

Shared accommodations for mandatory rotations

These guidelines apply even if a trainee has had one or both of their COVID-19 vaccinations. Trainees on electives have always organized their own accommodations and are encouraged to follow these guidelines in setting up their accommodations. Trainees who are sharing accommodations with other medical learners at their home site (Kingston, Belleville, Oshawa or Peterborough) should also follow these guidelines.

A trainee who has been in a red/grey zone for 13 days or less can access shared accommodations provided that:

- they have adhered to all public health guidelines for the zone where they were staying;
- are using PPE as required at work and following other infection control guidelines; and,
- other screening questions around symptoms and COVID contacts are negative.

A trainee who has been in a red/grey zone for 14 days or more can access shared accommodations provided that:

- they have adhered to all public health guidelines for the zone where they were staying;
- are using PPE as required at work and following other infection control guidelines;
- other screening questions around symptoms and COVID contacts are negative; AND
- they can self-quarantine in the shared accommodations for 7 days plus a swab on day 7 (must be negative) or for 14-days if no swab, at which point the self-quarantine can end.

Self-quarantine: staying home as much as possible, keep to own room, don't share a bathroom, don't eat or drink or be in communal spaces with anyone.

A trainee who cannot self-quarantine in the shared accommodations must arrange for solo accommodations for seven days and receive a negative swab (and all screening questions remaining negative) before moving into shared accommodations. Trainees must advise their regional accommodations coordinator (e.g., Regional Education or the Department of Family Medicine) of any changes in their plans.

Support is available from the PGME office up to \$1000 for any trainee who needs financial assistance for solo accommodations. Please contact jordan.sinnett@queensu.ca.

Please note: We appreciate and rely on your professionalism at all times for your safety, the safety of other learners and in preventing the spread of COVID-19 within health care facilities.

If you have questions about the above guidelines, or have concerns once you move into shared accommodations, please contact PGME.

Ottawa

The Business Inn & Suites

180 MacLaren St.

Tel: (613) 232-1121 or 1-844-997-1777

\$101/night (full kitchen, includes breakfast)

4.6km (11 min drive) to CHEO

Embassy Hotel & Suites

25 Cartier St.

Tel: (613) 237-2111

Junior Suite: \$159/night (full kitchen)

4.8km (11min drive) to CHEO

Toronto (downtown)

Canada Suites

736 Bay Street

[\(416\) 223-2812](tel:(416)223-2812)

\$198/night (full kitchen) or \$131/night hotels.com

400m to Sick Kids

One King West Hotel/Residence

1 King St. West

(416) 548-8100

\$169/night Studio Suite

2km to Sick Kids

Toronto (Humber area)

Staybridge Suites (Vaughan South)

3600 Steeles Aves West, Vaughan

[\(905\) 856-9600](tel:(905)856-9600)

\$117/night suite with full kitchen

12km (13 min drive) to HRH

Best Western Plus Toronto North York Hotel and Suites

50 Norfinch Drive, Toronto

[\(416\) 663-9500](tel:(416)663-9500)

\$112/night suite with full kitchen
9km (11 min drive) to HRH

Oshawa

Holiday Inn (Simcoe St.) closed for January

Homewood Suites by Hilton
600 Beck Crescent, Ajax
1-905-686-5969
\$115/night (suite with full kitchen)
17km (16 min drive) to Lakeridge Health

Residence Inn Whitby
160 Consumers Drive, Whitby
905-444-9756
\$95/night (Studio room with full kitchen)
10km (11 min drive) to Lakeridge Health

Peterborough

Comfort Hotel & Suites
1209 Lansdowne St. West,
Peterborough
(705) 740-7000
\$106/night - small fridge & microwave
4km (8 min by car) to hospital

Brockville

The Noble Suites
20 Broad St., Brockville
(613) 342-0416
Complete apartments starting at \$149/night
1.4km (15 min walk) to BGH

Holiday Inn Express & Suites
7815 Kent Blvd., Brockville
[\(613\) 342-1883](tel:6133421883)
\$130/night Jr. Suite (sink, microwave, sm fridge)
2.7km (7 min drive) to BGH

Belleville

TownePlace Suites by Marriott

400 Bell Blvd., Belleville

(613) 779-1212

\$140/night Studio with full kitchen

9km (14 min drive) to Belleville General Hospital