

**pamoja tunaweza**  
Women's Center  
Moshi, Tanzania



The Department of  
**Obstetrics & Gynaecology**

Queen's University

presents the



**34<sup>th</sup> Annual Memorial Program**

**Practical Pointers, Pearls & Pitfalls**

in conjunction with the Office of Continuing Professional Development  
Faculty of Health Sciences

**Thursday & Friday, October 27<sup>th</sup> & 28<sup>th</sup>, 2011**

**Days Inn & Conference Centre**

**33 Benson Street, Kingston, ON**

## Thursday, October 27<sup>th</sup>

8:00 **Registration & continental breakfast**

Chair: Dr. Michael McGrath

8:30 **Welcome by the Chair** — Dr. Michael McGrath

8:40 **Memorial Acknowledgement** — Dr. James Low

9:00 **Hormone Therapy: Where Are We?** — Dr. Robert Reid

9:30 **Tricks of the Trade for Prolapse Exam** — Dr. Marie-Andrée Harvey

10:00 **A Debate: Is Low-dose Vaginal Estrogen Safe?**  
— Dr. Shawna Johnston vs. Dr. Yolanda Madarnas

10:30 **Break with refreshments**

Chair: Dr. Mary Anne Jamieson

10:45 **Contraception Update** — Dr. Ashley Waddington

11:15 **Cervical Cancer Screening: Ten Things You Need to Know**  
— Dr. Peter Bryson

11:45 **Simulation in Ob/Gyn: What's Available?** — Dr. Julie Ann Francis

12:15 **Lunch & optional curbside consultations with gynaecologists:**

- ♦ **Colposcopy: Indications, Tips and Tricks** — Dr. John Jeffrey
- ♦ **Salpingectomy at TL and Hysterectomy** — Dr. Julie Ann Francis
- ♦ **Medicolegal Queries** — Dr. Doug Bell
- ♦ **Hormone Therapy** — Dr. Robert Reid
- ♦ **Paediatric Gynaecology** — Dr. Mary Anne Jamieson

Chair: Dr. Sue Chamberlain

1:15 **Lessons Learned in the Courtroom: GYN** — Dr. Doug Bell

2:00 **Surgical/Procedural Alternatives to Hysterectomy in DUB**  
— Dr. Richard Thomas

2:30 **Break with refreshments**

2:45 **Workshops (choose one)**

**A. Contraceptive Challenges**

— Dr. Ashley Waddington & Dr. Mary Anne Jamieson

**B. Musculoskeletal Causes of Chronic Pelvic Pain: Cases**

— Dr. Susan Chamberlain & Ms. Liz Tata

**C. Operative Laparoscopy: Tips, Tricks & New Tools**

— Dr. Romy Nitsch

4:15 **Close**

## Friday, October 28<sup>th</sup>

8:00 **Registration & continental breakfast**

Chair: Dr. Julie Tessier

8:30 **Common Questions an MFM Gets by Phone or E-mail**  
— Dr. Greg Davies

9:00 **Focal Segmental Glomerulosclerosis in the Obese Obstetrics Patient** — Dr. Ross Morton

9:30 **Intractable and/or Prolonged Hyperemesis** — Dr. Katy Smallwood

10:00 **Break with refreshments**

10:15 **Common Musculoskeletal Complaints in Pregnancy**  
— Mr. Scott Vowles

10:45 **Mood Disorders in Pregnancy and Postpartum** — Dr. Eric Prost

11:15 **Introducing a Prenatucational Website** — Dr. Graeme Smith

11:45 **Centring Pregnancy in the Community** — Dr. Eva Purkey,  
Dr. Rupa Patel & colleagues

12:15 **Lunch & optional curbside consultations with obstetricians:**

- ♦ **First Trimester Screening** — Dr. Greg Davies
- ♦ **Dopplers in Pregnancy** — Dr. Graeme Smith
- ♦ **Challenges in Transfer and Transport** — Dr. Peter Maskens,  
Dr. Tim Froats & Dr. Michael McGrath
- ♦ **Fetal Heart Rate Monitoring** — Dr. Peter O'Neill
- ♦ **How to Recognize the Sphincter Injury on L&D**  
— Dr. Marie-Andrée Harvey
- ♦ **Centred OB Care Model** — Dr. Rupa Patel, Dr. Eva Purkey et al

Chair: Dr. Graeme Smith

1:15 **Advanced Maternal Age: Is It Really a Risk Factor?** — Dr. Steve Wood

2:00 **Lessons Learned in the Courtroom: OB** — Dr. Michael McGrath

2:30 **Break with refreshments**

2:45 **Workshops (choose one)**

**A. AMA: From Infertility to Postpartum (case-based)**

— Dr. Steve Wood & Dr. Robert Reid

**B. Obesity: From Infertility to Postpartum (case-based)**

— Dr. Kristin Finkenzeller & Dr. Peter O'Neill

**C. Neonatal Resuscitation**

— Dr. Robert Connelly & Ms. Lynn Newton

4:15 **Close**

## Program Objectives

Through participation in this program, participants will:

- 1) learn the latest advances in hormone therapy and contraception
- 2) take home a variety of practical clinical pearls in gynaecology, colposcopy and antenatal care
- 3) gain insight into medicolegal risk management
- 4) explore further advanced maternal age and obesity as obstetrics risk factors
- 5) have an opportunity for "curbside consultation"

## CME Credits

**Credits for Specialists:** This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada.

**Credits for Family Physicians:** This program meets the accreditation criteria of the College of Family Physicians of Canada and has been accredited for 12.5 CFPC MAINPRO-M1 credits (6.25 for Thursday and 6.25 for Friday).

## The Annual Memorial Program is held in memory of:

J.A. Carmichael	R.W. Garrett	G.W. Mylks	E.M. Robertson
L.R. Clow	M. Lavell	G.W. Mylks, Jr.	A.R.B. Williamson
K.N. Fenwick	J.P. Litchfield	L.N. O'Connor	I. Wood
	P.A. McLeod	W.N. Piercy	

## Thursday Evening Dinner & Special Presentation

**Dr. Jennifer Carpenter & Dr. Karen Yeates**

**Pamoja Tunaweza Women's Center in Tanzania**

**Tentative location (please check CPD website to confirm):**

**Queen's University Biosciences Complex—Atrium (street level)**

**6 PM cocktails, 7 PM dinner and presentation**

**Tickets: \$80 per person—guests welcome!**

The Pamoja Tunaweza Women's Centre in Moshi, Tanzania, was co-founded by Queen's own Dr. Karen Yeates in 2007 as a project of Canada-Africa Community Health Alliance, an NGO based in Ottawa, and is now directed by Dr. Yeates and managed and supported by Dr. Jenn Carpenter, also of Queen's University.

The Centre was created to provide support to high-risk women in the Kilimanjaro region who suffer from poverty and gender-based violence and who may be affected by the impact of HIV/AIDS. Its mission is to empower clients through counselling and education so they may build their own sustainable living situation. The Centre runs a free primary health clinic that focuses on the health of women and their children, and provides health outreach to five villages that have poor access to health services. The Centre also established the first women's shelter in the Northern Zone of Tanzania.

# Program Faculty

**E. Douglas Bell, MD, FRCSC, Assoc. Executive Director & Managing Director,** Physician Services, Canadian Medical Protective Association

**S.C. Peter Bryson, MD, FRCSC, FACOG, Assoc. Prof.,** Depts. of Obstetrics & Gynaecology and Oncology, Queen's University

**Jennifer Carpenter, MD, FRCPC, Co-director, Medical Missions, School of Medicine** Office of Global Health; Asst. Prof., Dept. of Emergency Medicine, Queen's University

**Susan M. Chamberlain, MD, FRCSC, Asst. Prof.,** Dept. of Obstetrics & Gynaecology, Queen's University

**Robert Connelly, MD, FRCPC, Asst. Prof.,** Dept. of Paediatrics, Queen's University; Medical Director, NICU, Kingston General Hospital

**Gregory A.L. Davies, MD, FRCSC, FACOG, Prof.,** Depts. of Obstetrics & Gynaecology (Chair, Div. of Maternal-Fetal Medicine) and Diagnostic Radiology, Queen's University

**Kristin Finkenzeller, MD, FRCSC, Asst. Prof.,** Dept. of Obstetrics & Gynaecology, Queen's University

**Julie Ann Francis, MD, FRCSC, Asst. Prof.,** Dept. of Obstetrics & Gynaecology, Queen's University

**Tim Froats, MD, FRCSC, Asst. Prof.,** Dept. of Obstetrics & Gynaecology, Queen's University

**Marie-Andrée Harvey, MD, MSc, FRCSC, Assoc. Prof.,** Dept. of Obstetrics & Gynaecology, Queen's University

**Mary Anne Jamieson, MD, FRCSC, Assoc. Prof.,** Depts. of Obstetrics & Gynaecology (Chair, Div. of General Obstetrics & Gynaecology) and Paediatrics, Queen's University

**John F. Jeffrey, MD, FRCSC, Assoc. Prof.,** Depts. of Obstetrics & Gynaecology (Chair, Div. of Gynaecologic Oncology) and Oncology, Queen's University

**Shawna L. Johnston, MD, FRCSC, Assoc. Prof.,** Depts. of Obstetrics & Gynaecology (Chair, Div. of Urogynaecology) and Urology, Queen's University

**James Low, MD, FRCSC, Emeritus Prof.,** Dept. of Obstetrics & Gynaecology, Queen's University

**Yolanda Madarnas, MD, FRCPC, Asst. Prof.,** Depts. of Oncology, Medicine and Biomedical & Molecular Sciences; Assoc. Member, Cancer Research Institute, Queen's University

**Peter D. Maskens, MD, FRCSC, Asst. Prof.,** Depts. of Obstetrics & Gynaecology and Family Medicine, Queen's University

**Michael McGrath, MD, FRCSC, FSOGC, Assoc. Prof. and Head,** Dept. of Obstetrics & Gynaecology, Queen's University

**A. Ross Morton, MD, MB, ChB, MRC, FRCPC, Prof.,** Dept. of Medicine (Chair, Div. of Nephrology), Queen's University

**Lynn Newton, RN, BScN, MEd,** Clinical Educator, NICU, Kingston General Hospital

**Romy Nitsch, MD, MHSc, Asst. Prof.,** Dept. of Obstetrics & Gynaecology, Queen's University

**J. Peter O'Neill, MD, FRCSC, Asst. Prof.,** Depts. of Obstetrics & Gynaecology and Diagnostic Radiology, Queen's University

**Rupa Patel, MD, CCFP, FCPC, Asst. Prof.,** Dept. of Family Medicine, Queen's University

**Eric Prost, MD, FRCPC, Asst. Prof.,** Dept. of Psychiatry, Queen's University

**Eva Purkey, MD, CCFP, Asst. Prof.,** Dept. of Family Medicine, Queen's University

**Robert L. Reid, MD, FRCSC, FACOG, Prof.,** Dept. of Obstetrics & Gynaecology (Chair, Div. of Reproductive Endocrinology & Infertility), Queen's University

**Katy Smallwood, MD, Resident (PGY5),** Dept. of Obstetrics & Gynaecology, Queen's University

**Graeme N. Smith, MD, PhD, FRCSC, Prof.,** Depts. of Obstetrics & Gynaecology and Biomedical & Molecular Sciences, Queen's University

**G. Elizabeth Tata, MCSP, BPT, MCISc(PT), Assoc. Prof.,** School of Rehabilitation Therapy, Queen's University

**Julie Tessier, MD, FRCSC, Asst. Prof.,** Dept. of Obstetrics & Gynaecology, Queen's University

**Richard P. Thomas, MD, FRCSC, Asst. Prof.,** Dept. of Obstetrics & Gynaecology, Queen's University

**Dean A. Van Vugt, PhD, Prof.,** Dept. of Obstetrics & Gynaecology, Queen's University (Planning Committee)

**Scott Vowles, PT, CAFCI, ART,** Clinical Director, Progress Physiotherapy

**Ashley Waddington, MD, CARE Fellow,** Dept. of Obstetrics & Gynaecology, Queen's University

**Stephen L. Wood, MD, FRCSC, Assoc. Prof.,** Dept. of Obstetrics & Gynaecology, University of Calgary

**Karen Yeates, MD, MPH, FRCPC, Co-director,** School of Medicine Office of Global Health; Asst. Prof., Depts. of Medicine and Community Health & Epidemiology, Queen's University

## Program Planning Committee

Dr. Gregory Davies

Dr. Michael McGrath

Dr. Robert Reid

Dr. Mary Anne Jamieson (Chair)

Dr. Ross McLlquham

Dr. Dean Van Vugt

Ms. Bonnie McCalpin

## Program Information

Space is limited. To ensure your seat at the program, registration in advance is required. If registration must be closed, a notice will be posted on the CPD website. If we are unable to accept your registration received in advance, you will be contacted. Registration fee includes continental breakfast, lunch and two refreshment breaks each day. Unless you request otherwise, your name (without contact information) will be provided to program sponsors.

**Cancellation policy:** An administration fee of \$50 per day will be retained or billed for registrations cancelled with less than 48 hours' notice.

**Directions to program site:** The Days Inn & Conference Centre is at 33 Benson Street, off Division Street just south of Highway 401. From the 401, take exit #617 at Division Street; turn south onto Division. Turn left (east) onto Benson Street (called Dalton to the right), and turn left into Days Inn.

**Directions to Thursday evening dinner/presentation:** The Queen's Biosciences Complex is south of Union Street, between Barrie and Arch Streets. From Days Inn, drive south on Division Street until it ends at Union. Turn left onto Union, then immediately right onto Arch, and turn right into parking lot. Enter the Atrium from doors near the south end of the building. **Note: This location is tentative—please check the CPD website for confirmation.**

**Accommodation information:** Rooms will be held until September 27<sup>th</sup> for program participants to reserve at the following locations. Please identify yourself as a participant of the Queen's Memorial Program when reserving.

Courtyard Kingston by Marriott – 103 Dalton Avenue, Kingston, 613-547-7674 or mcampbell@courtyardmarriottkingston.com, \$119 + taxes.

Holiday Inn Express – 1 Benson Street, Kingston, 877-746-3662 or 613-546-3662, \$139 + taxes, includes hot buffet breakfast.

## Acknowledgement of Sponsors

The Department of Obstetrics & Gynaecology and the Office of Continuing Professional Development, Faculty of Health Sciences, Queen's University gratefully acknowledge the generous support of:

### Major Sponsors

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## 34<sup>th</sup> Annual Memorial Program ♦ October 27<sup>th</sup> & 28<sup>th</sup>, 2011 ♦ Days Inn, Kingston, ON

Register online (paying by credit card) at <http://meds.queensu.ca/cpd/che/events/memorial/>.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

Postal code \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_

E-mail \_\_\_\_\_

If MD:  FP  Ob/Gyn  Queen's Ob/Gyn faculty  Ob/Gyn resident

### Please check applicable fee:

**2 days**  Physician: \$375  Midwife: \$375  NP: \$375  
 Nurse: \$175  Resident: \$100  Student: \$100

**1 day:**  Thursday or  Friday

Physician: \$200  Midwife: \$200  NP: \$200  
 Nurse: \$125  Resident: \$75  Student: \$75

Tickets for Thursday evening dinner/presentation: \_\_\_ @ \$80/person

Total enclosed: \$ .....

Please fax to 613-533-6642 or mail to the CPD Office, Queen's University, Abramsky Hall, 2<sup>nd</sup> floor, 21 Arch St., Kingston, ON K7L 3N6.

**Workshops** (We will do our best to accommodate your choices.)

**Thursday: Choose one. Workshop**  A  B  C

**Friday: Choose one. Workshop**  A  B  C

**Method of payment:**  Cheque  Credit card

Please make cheque payable to Queen's University.

If paying by credit card, please complete this section.

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