

OCCUPATIONAL EXPOSURE TO A BLOODBORNE PATHOGEN (BBP) PROCEDURE FOR QUEEN'S UGME STUDENTS INCLUDING FAMILY MEDICINE, INTEGRATED OR OTHER REGIONAL ROTATIONS:

Last Revised: December 12, 2011

A. Immediate actions:

- a) Percutaneous injury: allow the puncture, cut or abrasion to bleed freely (do not "milk"), then wash well with soap under running water (use antiseptic if available).
Contact with mucous membranes: flush thoroughly with water (use eyewash station if available).
- b) Immediately notify the Supervisor, Resident or attending physician.
- c) Present to the nearest Emergency Department (or urgent care clinic) within 2 hours of an exposure. If you are unable to receive medical care within this time frame, call Hotel Dieu Hospital (HDH) (613-544-3400 x 2265) and ask to speak to Occupational Health. If you are unable to reach Hotel Dieu Hospital Occupational Health, page the Emergency Department attending physician at Kingston General Hospital for instructions (613-549-6666). Identify yourself as a Queen's medical student.
- d) After initial care, you must follow up with Occupational Health at HDH within 24 hours. For follow-up care you may also choose to see Student Health Services at Queen's (146 Stuart Street) or your own family physician. Ensure that requisitions for specimens sent for student and source patient indicate that this is for "exposure follow-up" and that a copy of the results goes to the applicable Occupational Health Department (see Occupational Health Contacts section B).
- e) Reporting: At KGH, the online incident reporting tool Safe Reporting should be used (access is available on the KGH intranet.) For other sites, see the occupational health contacts below in order to report the event. If you are at a site that is not listed, ask your supervisor how to contact Occupational Health.
- f) Advise the Undergraduate Office of the incident.

B. Contact Information for local, integrated and regional health offices:

Hotel Dieu Hospital: Rachel Sheldon, Occupational Health Nurse, **613-544-3400 x 2265** or Kelly Youmans, Director Occupational Health, Safety and Infection Control

Kingston General Hospital (KGH): HDH Occupational Health Nurse,, **613-544-3400 x 2265** or HDH Director Occupational Health, Safety and Infection Control Kelly Youmans

St. Mary's of the Lake (SMOL): during regular hours contact Jackie Potter, Occupational Health Nurse, **613-542-7222 x. 2383**. Nursing Supervisor may be contacted between 1530 hours and 2330 hours at extension 2220 or pager 548-2052.

Providence Care Mental Health Services: during regular hours contact Denise Millar, Occupational Health Nurse, **613-548-5567 x. 5774**. After hours, the Nursing Coordinator may be contacted between 1600 hours and 2000 hours at extension 5828.

Providence Manor: during regular hours contact Jackie Purchase, Occupational Health Nurse, **613-548-7222 x. 3166**.

Oshawa: Director, Occupational Health, Safety and Wellness at **905-576-8711 x4430**.

Markham: Occupational Health Nurse Melissa Grouios, Room 1807 Phone: **905/472-7373 ext.6271 or page through switchboard**.

Belleville: Lisa Botting, Occupational Health Department **613-969-7400 x.2328**.

Brockville General Hospital: Shelly Weapenicappo, Occupational Health Nurse, **613-345-5645 x. 1174**.

Perth: Phillipa Thompson, Occupational Health Nurse, Perth Smith Falls District Hospital. Perth Site - **613-267-1500 ext. 4283** or by email at: pthompson@psfdh.on.ca.

Brockville Mental Health Centre: Jill Row, RN, Senior Coordinator Occupational Health Service at **613-345-1461**.

Peterborough: Peterborough Regional Health Centre Occupational Health Department
Location: W3900 **Phone: 705-743-2121 ext.3914**.

Further information on exposure to blood borne pathogens and mucosal exposure can be found here:

KGH House Staff Manual

<http://www.kgh.on.ca/en/healthcareprofessionals/Documents/House%20Staff%20Manual%202010-11%20REVISED.pdf> (Accidents page 7, Infection Prevention and Control page 20-21).

Specific information about preventing sharps and needle stick injuries is available in ***Section IC-2-20.01 of the Kingston Hospitals Infection Control Manual Sharps Management and Injury Prevention***.

Occupational Health and Safety Act Ontario Regulation 474/07: http://www.e-laws.gov.on.ca/html/regs/english/elaws_regs_070474_e.htm.

Queen's University Policy and Procedures for Reporting and Managing Infectious Diseases: <http://www.safety.queensu.ca/safety/policy/infectiousdisease.pdf>